



**Welcome To Our Practice**

**Patient Information:**

Today's Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: Male or Female  
Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Email Address (For communication purpose only): \_\_\_\_\_  
Bill my Insurance Company?  No  Yes (If yes, please fill out the Insurance information sheet.)  
Emergency Contact? Name: \_\_\_\_\_ Home #: \_\_\_\_\_  
Cell #: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Primary and Referring Doctor Information:**

Primary Care Doctor Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Referring Doctor Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**Referral Source:**

How did you hear about our clinic (please list)?  
 Doctor Referred  Internet Search \_\_\_\_\_  Other People: \_\_\_\_\_  
 Seminar \_\_\_\_\_  Advertisement/Other \_\_\_\_\_

**PATIENT CONSENT**

**Authorization for treatment**

I hereby request and agree to be treated by ARC Physical Therapy & Pain Center.

**Authorization for insurance billing and collection**

I hereby authorize ARC Physical Therapy & Pain Center to bill my insurance, including releasing information requested by the insurance company and other procedures necessary to collect the claims on my behalf.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

**Patient Privacy (HIPPA):** ARC follows the Federal guidelines to protect your privacy. **NO** information will be released to any third party unless specified by you. Please **initial** here to acknowledge: \_\_\_\_\_.

**Information Release:**  N/A or  If you wish to release information to any party, please specify here:

I, \_\_\_\_\_ (print name), hereby authorize ARC to release my information to \_\_\_\_\_.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(ARC-HIPPA patient privacy policy is available upon request.)

**\*\*Any future request to release information must be in writing addressed to ARC.**

**Personal History (Check all applicable):**

- Rheumatic fever  Pneumonia  Anemia  Gallbladder Disease  Epilepsy  Bladder Disease  Diabetes
- Kidney problem  Food/Drug Allergy  TB  Sinus problem  Asthma  Heart Disease  Pacemaker  AIDS
- Electronic Implanted Device  Hepatitis A/B/C/D  Alcohol/Substance Abuse  High Blood Pressure  Ulcers
- Digestive Disorders  High Cholesterol  Depression  Anxiety  Bipolar Disorder  Concussion or Head Injury
- Auto-immune Disorders, such as Lupus, Rheumatoid arthritis, MS  Loss of Consciousness  Thyroid problem

**PATIENT HISTORY**

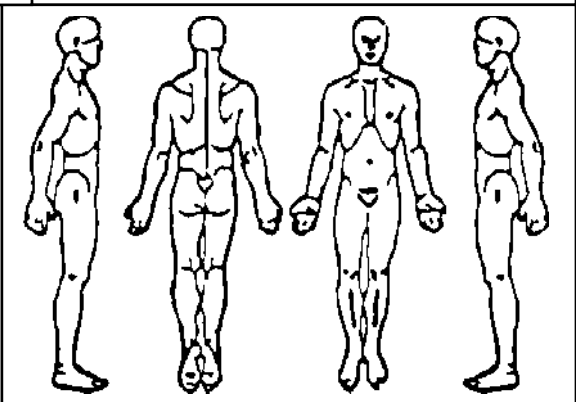
Date: \_\_\_\_\_ Name: \_\_\_\_\_

**CHIEF** complaint (the reason for visiting us today): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Is this:  Chronic w/ acute flare up (how chronic?) \_\_\_\_\_ or  Sudden onset  
 When did the current condition / pain start? \_\_\_\_\_  
 What caused the condition / pain? \_\_\_\_\_  
 \_\_\_\_\_  
 Is it due to an accident?  No  Yes, List date of accident: \_\_\_\_\_  
 What kind:  Fall  Auto  Work  Home  Other: \_\_\_\_\_  
 Do you have  X-Ray  MRI  CT-Scan  others \_\_\_\_\_, Can you get the film or report?  Yes,  No  
 Are you using:  Cane  Walker  Other assistive device: \_\_\_\_\_

Note: (official use only)

**Your Goal:**  Symptom relief only  Elimination of Root Cause  
 Stop/prevent further degeneration  Whatever help I can get  
**Pain Tolerance:**  Very low  Low  Moderate  High  Very high

If you are in pain, please **MARK** the exact location of your pain on the figure. Please describe:  
**Type of pain:**  Sharp  Dull aching  Shooting  Numb  Pins & Needles  
 Nagging  Burning  Stabbing  Throbbing  Cramping  Other \_\_\_\_\_  
**Frequency:**  Constant  Motion triggered  Intermittent  
**How severe is your current condition?**  Mild  Moderate  Severe.  
**Pain scale** from 1 to 10 (10 being the greatest), where is your pain?  
 (without pain med) \_\_\_\_\_/10, (with pain med) \_\_\_\_\_/10.  
**Condition worsen @**  First wake up  With more activity  During sleep  
 When tired  Sit or stand too long  At the beginning of movement



What makes your condition worse? \_\_\_\_\_  
 What makes your condition better? \_\_\_\_\_  
 Does your condition interferes with:  Work  Daily routine  Sleep  other: \_\_\_\_\_  
 Have you received prior treatment for this condition?  Yes  No.  
 If yes, Where / by whom? \_\_\_\_\_ What was the diagnosis? \_\_\_\_\_  
 What were the treatment results? \_\_\_\_\_  
 \_\_\_\_\_  
 Please list all medications you are currently using: \_\_\_\_\_  
 \_\_\_\_\_  
 Please list all surgeries by type and year: \_\_\_\_\_  
 \_\_\_\_\_

**Success Criteria:** (Please describe the improvement you expect; so our intervention will be considered as successful?)  
 \_\_\_\_\_  
 \_\_\_\_\_